



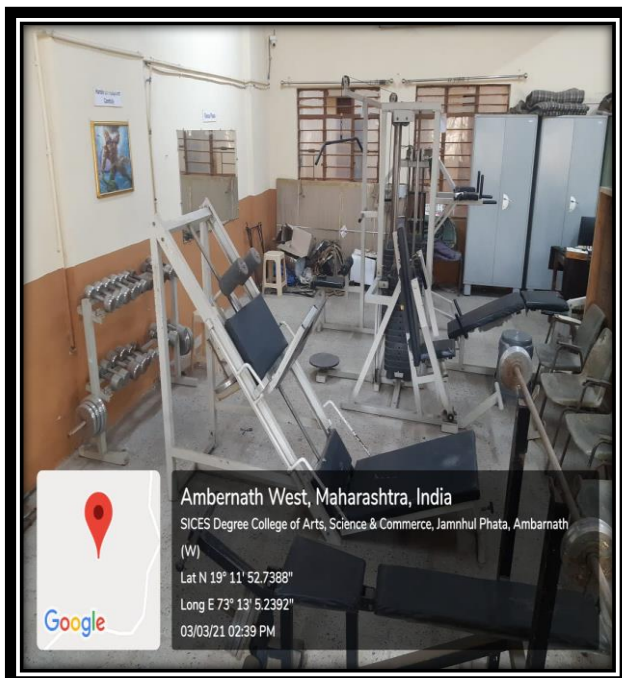
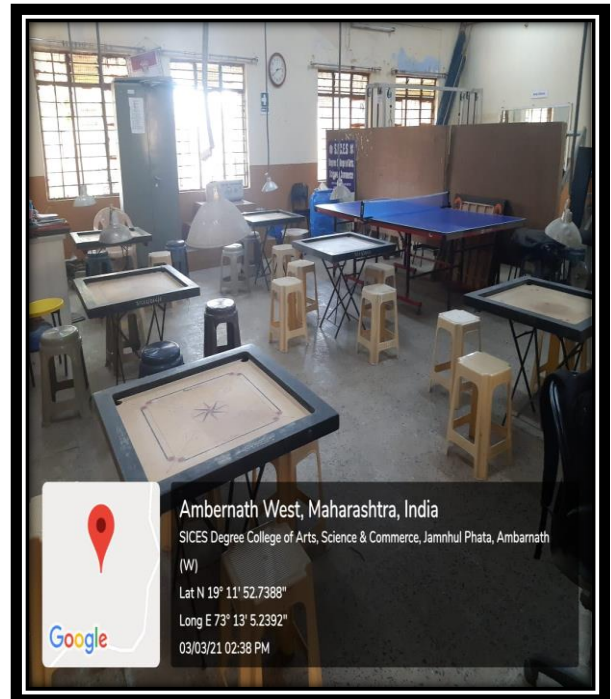
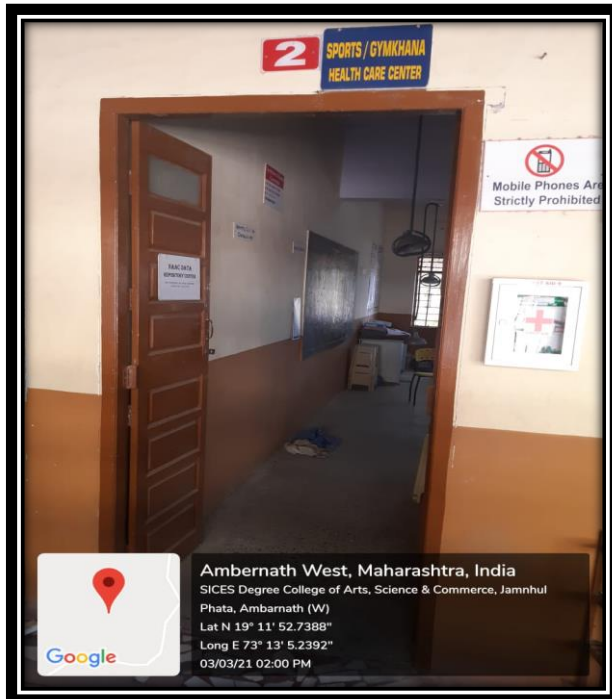
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4.1.2.infrastructure for extracurricular Sports , Cultural and yoga

Sr.no	Specification	Page No
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2.	Play ground	3
3.	Yoga	4
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8.	Gymkhana equipment list	11



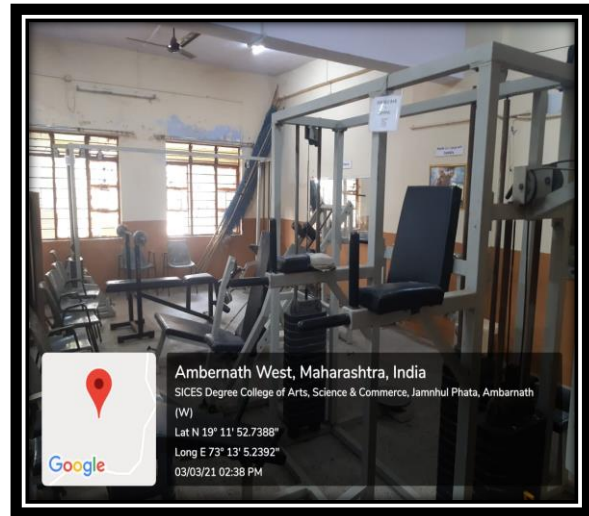
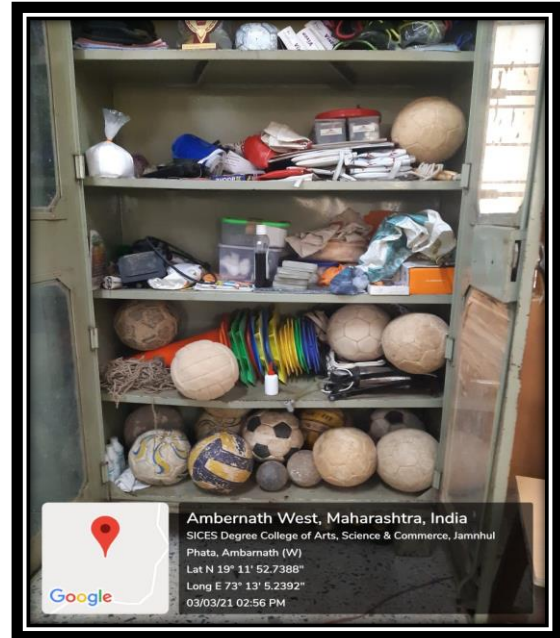
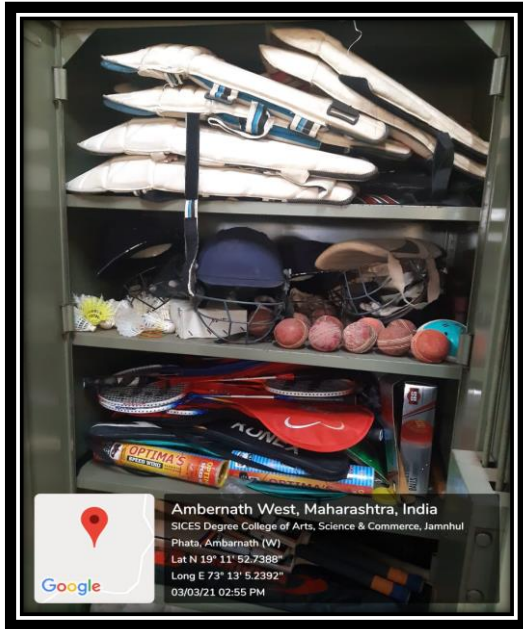
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Sports and Gymkhana



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Gymnasium and Sports Accessories

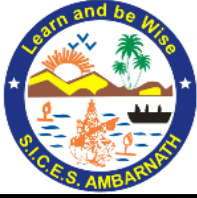


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Kabaddi competition in Play ground





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Yoga session (Indoor & Out door)





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Inter collegiate competition (Yoga) (S.I.C.E.S. Degree College)

24th Nov 2022



Winner -Intercollegiate Competition



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Inter collegiate (athletics) (marine lines) 14th Nov to 16th Nov 2022



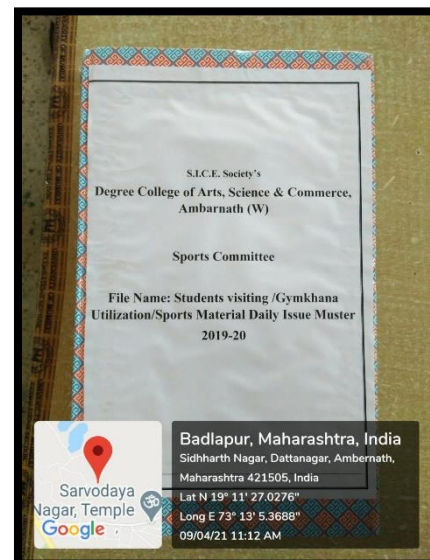
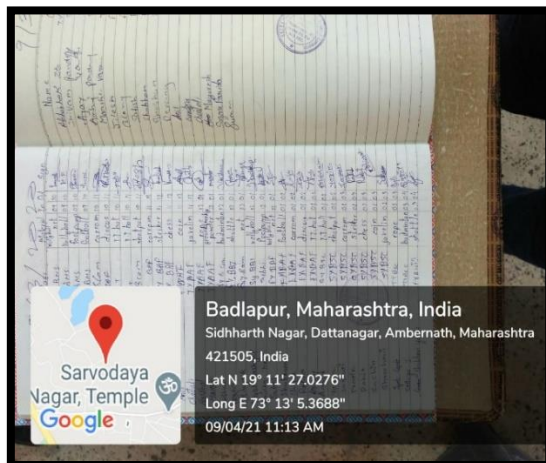
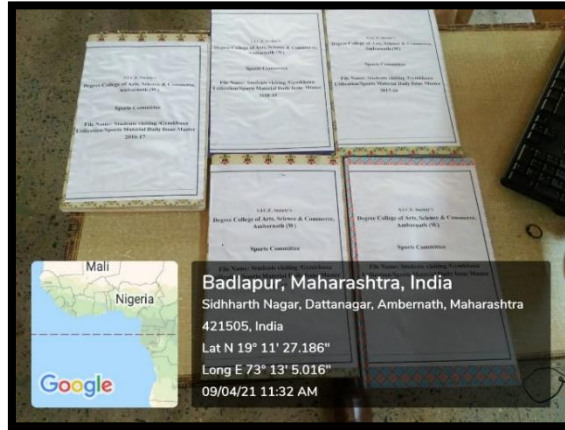
(chess)



(taekwondo)



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Gymkhana Students entry Muster



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Cultural Activiies





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SPORTS EQUIPMENT LIST

SR.NO	NAME OF THE ITEMS	QUANTITY
1	Carrom Board	08
2	Carrom stand	08
3	Carrom Coins Set	08
4	Carrom Stricker	08
5	Foot Ball	01
6	Chess Board	04
7	Chess Coins Sets	04
8	Badminton Racket	17
9	Shuttle Cock	2box
10	Volley Ball	01
11	Volley Ball Net	01
12	Badminton Net	01
13	Volley Ball Pole Pair	01
14	Badminton Pole Pair	01
15	Carrom Cover	08
16	Shot Put	02
17	Discuss	02
18	Jawveline	02
19	Carrom Powder Box	01
20	Foot Pump	01
21	Measuring Tape	01
22	Foot Ball Gloves	02
23	Cricket Bat	04
24	Cricket Ball	05
25	Cricket Batting pad	03
26	Cricket Batting Gloves	03
27	Cricket Wicketkeeper Pad	02
28	Cricket Wicketkeeper Gloves	02
30	Cricket Stump	04
31	Bells	10
32	Chest Guard	01
33	Thigh Pad	01
34	Elbow Guard	01



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35	Abdomen Guard	09
36	Cricket Wicketkeeper Inner Gloves	05
37	Helmet	04
38	Football Shoes	17
39	T-Shirt - Football	16
40	Shorts - Football	16
41	T-Shirt – Cricket	12
42	Pant – Cricket	14
43	Cricket kit Bag	02
44	Stocking Full	14
45	First Aid Box	01
46	Volley Ball T-Shirt, Shorts	07
47	T.T Table	01
48	Cricket Net	01
49	T.T.Cover	01
50	Manual Weigh Machine	01
51	Ground Cone	20
52	T.T Bat	02
53	T.T Ball	02
54	Foot Ball Neiva	6 pcs
55	Shin guard ankle	11
56	Knee Cap &Ankle	6
57	T.T. Ball Orange	1 dozen
58	Skipping Rope	6 pc
59	Movable court (Football, Volley ball, badminton,)	01 each



GYMKHANA EQUIPMENTS.

1. Dumbbells (Chrome)

WEIGHT	QUANTITY	TOTAL WEIGHT
5 Kg	2 piece	10 Kg
7.5 Kg	2 piece	15 Kg
10 Kg	2 piece	20 Kg

2. Plate (Chrome)

WEIGHT	QUANTITY	TOTAL WEIGHT
2.5 Kg	2 piece	5 Kg
5 Kg	2 piece	10 Kg
7.5 Kg	2 piece	15 Kg
10 Kg	2 piece	20 Kg

3. Rod (Chrome)

WEIGHT	QUANTITY
1.5 Ft	1 piece
3 Ft	1 piece
5 Ft	1 piece
6 Ft	1 piece

4. Mirror 6' x 3' – 2 piece

(6 mm with frame)

5. Bench Press – 1 piece

(Multi purpose)

6. 6 Station Multi Gym.

- i. Lat pull down 75 kg
- ii. Peck deck 75 kg
- iii. Chest press 75 kg
- iv. Leg Ext + Leg curl
- v. Double Bar + Dipping – 1 piece
- vi. Twister – 1 piece

7. Cable Cross over

60+60 – Fully Adjustable - 1 piece

8. 45 Leg press + Hack Squat

9. Chrome Dumbbells – 100 kg

10. Chrome Plate – 100 Kg

11. Dumbbells + Plates Stand – 1 piece

12. Rods – 4 piece