

S.I.C.E.S Degree College of Arts, Science & Commerce
Jambhul Phata, Chikhlioli, Kalyan-Badlapur Road,
Ambarnath (W)-421505
Affiliated to University Of Mumbai



Date: 19/06/2021

NSS UNIT
&
SPORTS AND GYMKHANA COMMITTEE

NOTICE

All the students are hereby informed that **NSS UNIT in association with Sports and Gymkhana Committee** of our college is celebrating **“Online International Yoga Day”** on 21/06/2021. Google Meet Link will be share 15 minutes before the programme start.

Date: 21/06/2021

Time: 08:00 am sharp.

Platform: Online mode through Google Meet.

Asst. Prof. Uma Tanwar
(NSS Programme Officer)

Asst.Prof. Mudassar Sayyed
(NSS Programme Officer)

Asst. Prof. Shanti Mudaliar
Chairperson
(Sports and Gymkhana Committee)

Dr. Harshal M. Bachhav

I/c. Principal

I/c Principal

S.I.C.E.S. Degree College of Arts, Science & Commerce
Ambarnath - 421505.

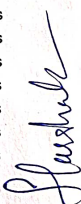
Timestamp	Username	Name of the Profile	Contact no.	Stream	Class	How would you	How would you	How would you	Do you think th	Do you think th	Would you like
2021/06/21 1:2	abhisheksingh7	Singh Abhishek Mithileshprataj	7304329763	B.Com.	Second Year	Excellent	Excellent	Excellent	Agree	Strongly Agree	Yes
2021/06/21 1:2	burakondaj@g	DIVYASHREE BALRAJU BUR	7709042368	B.A.	Second Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 1:3	anujaan07@g	ANJALI SHIV GOVIND GUPT	8975035240	BBI	Second Year	Very good	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 1:3	shrakamble60	Shrukamble60@gmail.com	9326735938	B.A.	Second Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 1:3	indrijitshama6	Anamika sharma	8237182038	B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 1:3	prathamkango	Mr. Pratham Prakash Kangok	9967356805	BAF	Second Year	Excellent	Very good	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 1:4	aradhnamaury	Aradhana arvind maurya	9518501250	B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 1:4	surajmaurya00	Suraj maurya	7038077476	B.Com.	Second Year	Excellent	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 1:4	rautpoonam95	POONAM SUNITA RAUT	8104480617	B.Sc (Microbiol)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 1:4	bindabhishek4	BIND ABHISHI Student	8080277269	BAF	Second Year	Excellent	Fair	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 1:5	pranitanalawad	Pranita ashok I Student	9021716874	B.Sc (Microbiol)	Second Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:0	divyakhaimar2	Divya Nilesh KI Student	9130618449	B.Sc (Microbiol)	Second Year	Excellent	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:0	rohasantosh@	Santosh Rohra Faculty	9325556258	BBI	Second Year	Excellent	Very good	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:1	shrachavan03	Shrikant Chav Faculty	9860069394	B.Sc (Plain)	Second Year	Excellent	Excellent	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:2	ankitamourya1	ANKITA ARUN Student	7972794903	B.Sc (Plain)	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:3	aliyaakbarshai	Shaikh Aliya AI Student	9552793146	BMS	Third Year	Very good	Excellent	Very good	Neutral	Agree	Yes
2021/06/21 2:3	shubhamthakk	Thakkar Shubh Student	8830815978	BMS	Third Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:3	roshiyarashard	Sharda Chetraj Faculty	9960138027	B.A.	Second Year	Very good	Very good	Excellent	Agree	Agree	Yes
2021/06/21 2:3	dyelgurti@gma	dhiraj Student	8669319343	B.Sc (Plain)	Second Year	Excellent	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:3	shantimudalian	Shanti Mudalia Faculty	9320210073	B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:5	sakshisharma4	Sakshi Ravindr Student	8830833672	BBI	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 3:1	jm9586900@g	Jyoti jitendra m Student	8975318831	BMS	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 3:2	prakashgoud4	Prakash Rajku Student	9158486483	B.Sc (Plain)	Third Year	Excellent	Very good	Excellent	Agree	Strongly Agree	Yes
2021/06/21 3:2	miyaroshan4	Roshan Mohan Student	7517502390	B.Com.	Second Year	Very good	Good	Excellent	Neutral	Agree	Yes
2021/06/21 3:2	govindmalkathi	Yoga Student	8975926237	B.Com.	Second Year	Very good	Very good	Good	Neutral	Strongly Agree	Yes
2021/06/21 3:2	airekar.nayana	Nayana Student	7385945322	B.Sc (Microbiol)	Second Year	Excellent	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 3:3	poomajyothi15	Poomajyothi G Student	9969758717	B.A.	Second Year	Excellent	Good	Good	Agree	Agree	Yes
2021/06/21 3:4	anshusahani2	Anshu Shree p Student	9370299435	B.Com.	Second Year	Very good	Very good	Very good	Agree	Neutral	Yes
2021/06/21 4:1	rajugupta2242	RAJU PRAHL Student	7083028700	BMS	Third Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 4:2	vidishparanjpe	Paranjpe vidist Student	7757845076	B.Com.	Third Year (Ba	Excellent	Very good	Good	Agree	Strongly Agree	Yes
2021/06/21 4:2	sahilkasare10	Sahil Student	B.Sc (Plain)	Second Year	Fair	Fair	Fair	Neutral	Neutral	Yes
2021/06/21 4:2	ss096391@gm	Sahil Singh Student	9129337233	B.Com.	Third Year (Ba	Very good	Very good	Good	Neutral	Neutral	Yes
2021/06/21 4:3	sahilasher12	SAHIL ASHER Student	9967548814	BMS	Second Year	Very good	Excellent	Good	Agree	Agree	Yes
2021/06/21 4:3	shreedevimeh	Shreedevi Shiv Student	7758892641	B.Sc (Microbiol)	Second Year	Excellent	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 4:3	np5485727@g	Nisha patel Student	8421005821	B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 4:4	priyanka2412	Poojari Priyank Student	8793604675	B.Com.	Second Year	Very good	Good	Good	Agree	Agree	Yes
2021/06/21 5:2	sneham833@g	Sneha Rajendr Student	8806648644	B.Com.	Third Year (Ba	Excellent	Very good	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 5:2	sharmadeep22	Sharma Dipali Student	9763926326	BAF	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes

Janki
Principal
 College of Arts, Science & Commerce
 171 505.

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2021/06/21 1:3	prathamkangol	Mr. Pratham Prakash Kangoke	9967356805	BAF	Second Year	Excellent	Very good	Excellent	Strongly Agree	Strongly Agree	Yes
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2021/06/21 2:1	shrichavan03@	Shrikant Chav Faculty	9860069394	B.Sc (Plain)		Excellent	Excellent	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:2	ankitamourya1	ANKITA ARUN Student	7972794903	B.Sc (Plain)	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:3	aliyaakbarshai	Shaikh Aliya AI Student	9552793146	BMS	Third Year	Very good	Excellent	Very good	Neutral	Agree	Yes
2021/06/21 2:3	shubhamthakk	Thakkar Shubh Student	8830815978	BMS	Third Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:3	roshiyarashard	Sharda Chetraj Faculty	9960138027	B.A.		Very good	Very good	Excellent	Agree	Agree	Yes
2021/06/21 2:3	dylgurti@gma	dhiraj Student	8669319343	B.Sc (Plain)	Second Year	Excellent	Very good	Very good	Agree	Agree	Yes
2021/06/21 2:3	shantimudalian	Shanti Mudalia Faculty	9320210073	B.Sc (Plain)		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 2:5	sakshishama4	Sakshi Ravindr Student	8830833672	BBI	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 3:1	jm9586900@g	Jyoti jitendra m Student	8975318831	BMS	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 3:2	prakashgoud4	Prakash Rajku Student	9158486483	B.Sc (Plain)	Third Year	Excellent	Very good	Excellent	Agree	Strongly Agree	Yes
2021/06/21 3:2	miyaroshan4@	Roshan Mohan Student	7517502390	B.Com.	Second Year	Very good	Good	Excellent	Neutral	Agree	Yes
2021/06/21 3:2	govindmalkathi	Yoga Student	8975926237	B.Com.	Second Year	Very good	Very good	Good	Neutral	Strongly Agree	Yes
2021/06/21 3:2	airekar.nayana	Nayana Student	7385945322	B.Sc (Microbiol	Second Year	Excellent	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 3:3	poornajyothi1	Poornajyothi G Student	9969758717	B.A.	Second Year	Excellent	Good	Good	Agree	Agree	Yes
2021/06/21 3:4	anshusahani2	C Anshu Shree p Student	9370299435	B.Com.	Second Year	Very good	Very good	Very good	Agree	Neutral	Yes
2021/06/21 4:1	rajugupta2242	RAJU PRAHL Student	7083028700	BMS	Third Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 4:2	vidishparanjpe	Paranjpe vidist Student	7757845076	B.Com.	Third Year (Ba	Excellent	Very good	Good	Agree	Strongly Agree	Yes
2021/06/21 4:2	sahilkasare10	Sahil Student	B.Sc (Plain)	Second Year	Fair	Fair	Fair	Neutral	Neutral	Yes
2021/06/21 4:2	ss096391@g	m Sahil Singh Student	9129337233	B.Com.	Third Year (Ba	Very good	Very good	Good	Neutral	Neutral	Yes
2021/06/21 4:3	sahilasher12@	SAHIL ASHER Student	9967548814	BMS	Second Year	Very good	Excellent	Good	Agree	Agree	Yes
2021/06/21 4:3	shreedevimeh	Shreedevi Shiv Student	7758892841	B.Sc (Microbiol	Second Year	Excellent	Excellent	Excellent	Agree	Agree	Yes
2021/06/21 4:3	np5485727@g	Nisha patel Student	8421005821	B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 4:4	priyanka2412	Poojari Priyank Student	8793604675	B.Com.	Second Year	Very good	Good	Good	Agree	Agree	Yes
2021/06/21 5:2	eneham833@g	Sneha Rajendr Student	8806648644	B.Com.	Third Year (Ba	Excellent	Very good	Very good	Strongly Agree	Strongly Agree	Yes
2021/06/21 5:2	sharmadeep22	Sharma Dipali Student	9783926326	BAF	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes

I/C Principal
 S.I.E.S. Degree College of Arts, Science & Commerce
 Ambernath - 421 505.

2021/06/21 5:5 mmmotwani3@NAIRA PUNIT Faculty	9321512300 BMS		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 5:5 psu2603@gm Priyanka Sunil Student	7038409066 B.Sc (Plain)	Second Year	Excellent	Very good	Very good	Strongly Agree	Agree	Yes
2021/06/21 6:0 akashkoli576@ Akash laxman Student	9112395662 B.Com.	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Agree	Yes
2021/06/21 6:0 pratiksharane9 Pratiksha Char Student	7385692416 B.Com.	Third Year (Ba	Very good	Very good	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 6:0 nindeshobha@ Shobha Ninde Student	8390674192 BAF	Second Year	Excellent	Excellent	Very good	Agree	Agree	Yes
2021/06/21 6:1 nisha21ninde@ Nisha Anand N Student	9975180194 B.Com.	Second Year	Very good	Good	Good	Agree	Agree	Yes
2021/06/21 6:2 venkateshdhan DHANGAR VE Student	9307635414 B.Com.	Second Year	Very good	Very good	Excellent	Agree	Strongly Agree	Yes
2021/06/21 6:5 neelamjaiswar Neelam Dadhit Faculty	8855882430 BBI		Excellent	Very good	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 6:5 jaiswalj024@g Jyoti jaiswal Student	8459248156 B.Com.	Third Year	Very good	Good	Excellent	Agree	Agree	Yes
2021/06/21 7:0 www.ddeborah Deborah Durai Student	9167617992 B.Com.	Second Year	Very good	Very good	Very good	Neutral	Agree	Yes
2021/06/21 7:0 shivajijaiswar0: Shivaji khunkhi Student	8669574091 BAF	Third Year (Ba	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:1 kushalchaurasi Chaurasiya kut Student	7888233906 BAF	Third Year (Ba	Excellent	Excellent	Excellent	Agree	Strongly Agree	Yes
2021/06/21 7:2 jagtapsahil517(Sahil Kishor Ja Student	8530394707 B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:3 tanwaruma@re Uma Tanwar Faculty	9920888431 B.Com.		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:3 gunjan.deshmi Mrs. Gunjan Cl Faculty	8828112341 B.Sc (IT)		Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 7:3 satyamishra59: Satyaprakash I Student	7507095632 BMS	Third Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:3 gg5681568@g Gaikwad Gaur Student	8390973373 B.Com.	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 7:3 anju081202@g Anju Vishwaka Student	7499412998 BBI	Second Year	Very good	Good	Good	Strongly Agree	Agree	Yes
2021/06/21 7:3 rekhabhoir494(Manasi Jagdist Student	9689850021 B.Sc (Microbiol	Second Year	Very good	Excellent	Excellent	Agree	Strongly Agree	Yes
2021/06/21 7:3 pratiksharajput Pratiksha prad Student	9373213591 B.Sc (Plain)	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:3 vishwakamaar Archana Jayan Student	9370354232 BBI	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 7:4 vish231989@g Vishal Shingari Faculty	9323802293 B.Com.		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:4 sonalagust18: Sonali pandey Student	7738514785 BMS	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 7:4 archanapal999 PAL KARISHM Student	7709679940 B.Com.	Third Year	Good	Very good	Very good	Neutral	Agree	Yes
2021/06/21 7:5 malamoluvijay(Malamolu Nish Student	7709751977 BAF	Second Year	Very good	Good	Good	Neutral	Neutral	Yes
2021/06/21 7:5 pravin.hudge@ Dr. Pravin G. H Faculty	9850200242 B.Sc (Plain)		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 7:5 gupta.sandhya Sandhya Gupt Student	7709668709 BAF	Third Year	Excellent	Very good	Very good	Agree	Agree	Yes
2021/06/21 8:0 sumankunwerr Sumankuver R Student	8010568281 B.Sc (Microbiol	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 8:0 vishald133@g Vishal Deshmu Faculty	7387726780 BBI		Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes
2021/06/21 8:0 chauhansange Sangeeta chan Student	7378381266 B.Com.	Third Year (Ba	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 8:1 gautukoli07@g Gautami Koli Student	9370780400 BMS	Third Year	Good	Very good	Good	Agree	Agree	Yes
2021/06/21 8:1 shoaibshaikh7 Shoaib shaikh Student	7757860554 BMS	Third Year	Good	Good	Good	Agree	Agree	Yes
2021/06/21 8:1 srsices2010@ Ms.Shubhangi Faculty	9867323700 B.Sc (Microbiol	Third Year (Ba	Excellent	Excellent	Very good	Agree	Agree	Yes
2021/06/21 8:2 sindhuprajapat Sindhu Prajap Student	9359367568 BAF	Second Year	Very good	Very good	Excellent	Agree	Agree	Yes
2021/06/21 8:2 shaikhjaved13 Javed Shaikh Faculty	9767457387 B.Sc (Plain)	Second Year	Very good	Very good	Very good	Agree	Neutral	Yes
2021/06/21 8:2 vaishali.khach Mrs.Vaishali V Faculty	9421385904 B.Sc (CS)		Very good	Very good	Excellent	Agree	Agree	Yes
2021/06/21 8:5 abhisawant074 Abhijeet Govin Student	8108732678 BAF	Third Year	Very good	Very good	Very good	Agree	Agree	Yes
2021/06/21 8:5 pushpaprasad Pushpa Balmik Student	8788068798 BAF	Third Year	Good	Very good	Very good	Agree	Agree	Yes
2021/06/21 9:0 siddhikairamko Siddhi Kairam Student	9920949509 B.Sc (Microbiol	Second Year	Excellent	Excellent	Excellent	Strongly Agree	Strongly Agree	Yes


I/c Principal
 S.U.C.E.S. Degree College of Arts, Science & Commerce
 Ambarnath - 421 505.

2021/06/21 9:1 pratikkannaujy Pratik kannauji Student
2021/06/21 9:1 leenanaik424@ Leena naik Student
2021/06/21 9:1 geetakrishnaku Geeta Krishna Student

9529297710 BAF
7083672524 B.A.
9359057289 B.A.

Third Year Very good
Second Year Excellent
Second Year Excellent

Very good
Excellent
Excellent

Good
Excellent
Excellent

Neutral
Agree
Agree

Agree Yes
Strongly Agree Yes
Agree Yes

Handwritten Signature
V/C Principal
S.T.C.S. Degree College of Arts, Science & Commerce
Ambermath - 421 505.



S.J.C.E.S Degree College of Arts, Science & Commerce
Jambhul Phata, Chikholi, Kalyan-Badlapur Road,
Ambarnath (W)-421505
Affiliated to University Of Mumbai



REPORT ON INTERNATIONAL YOGA DAY

Date: 21st June 2021

Time: 8.00 a.m to 9.00 a.m

Mode : Online Mode through Google meet

No of Students Present: 75

No of Teaching Staff Present: 23

About the Program :

International Yoga Day began in 2014 and it is being celebrated as World Yoga Day on 21 June every year since the year 2015 after the United Nations declaration. This day is the longest day of the year. Yoga is a practice of mind, brain, and body that gives a long life to a human being. There are different styles of yoga, including physical postures, breathing techniques, and meditation, and relaxation. The idea of celebrating Yoga Day on 21 June was first proposed by Prime Minister Narendra Modi during one of his speeches at the United Nations General Assembly in September 2014. While proposing to celebrate Yoga Day on this day, he said that 21st June is the biggest day of the year in the Northern Hemisphere. The Ministry of AYUSH and the Government of India are its nodal agency and together they conduct various programs on International Yoga Day.

Aim of Program:

The purpose to conduct International Yoga day is to promote good mental and physical health of people through yoga and to reduce the rate of health challenging diseases all over the world simultaneously spread peace in the world.


Schedule of Program:


This activity was conducted in coordination with NSS unit and Sport and Gymkhana Committee. The introductory session was carried out by NSS Volunteer Master. Gaurav and Technical operational work by Master. Satya and Ms. Geeta from NSS unit. The programme was started with chanting of mantras followed by the yogasana that was instructed by our own beloved Mr. Ujjain Lokhande Sir. They made us aware of the benefits of the yoga and showed us the way of doing Yoga. Various types of yogan was carried out by the instructor viz Sukhasana, Naukasana, Bhujangasana and many more. This programme was led by Asst. Prof. Neelam Jaiswar and Asst. Prof. Mudassar Sayyed. The programme was concluded with the vote of


Signature
Principal
S.J.C.E.S Degree College of Arts, Science & Commerce
Ambarnath (W)-421505

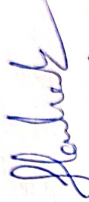
thanks followed by National Anthem.

Report Prepared by: Asst. Prof. Swapnil Bagade


Asst. Prof. Uma Tanwar
(NSS Programme Officer)


Asst. Prof. Shanti Mudaliar
Chairperson
(Sports and Gymkhana Committee)


Asst. Prof. Mudassar Sayyed
(NSS Programme Officer)


I/c Principal
S.P.S.S. Degree College of Arts, Science & Commerce
Ambarnath - 421 505.

S.I.C.E. Society's
Degree Division of Arts, Science
& Commerce Amravati (W)

NSS UNIT
"NOT ME BUT YOU"

Date : _____

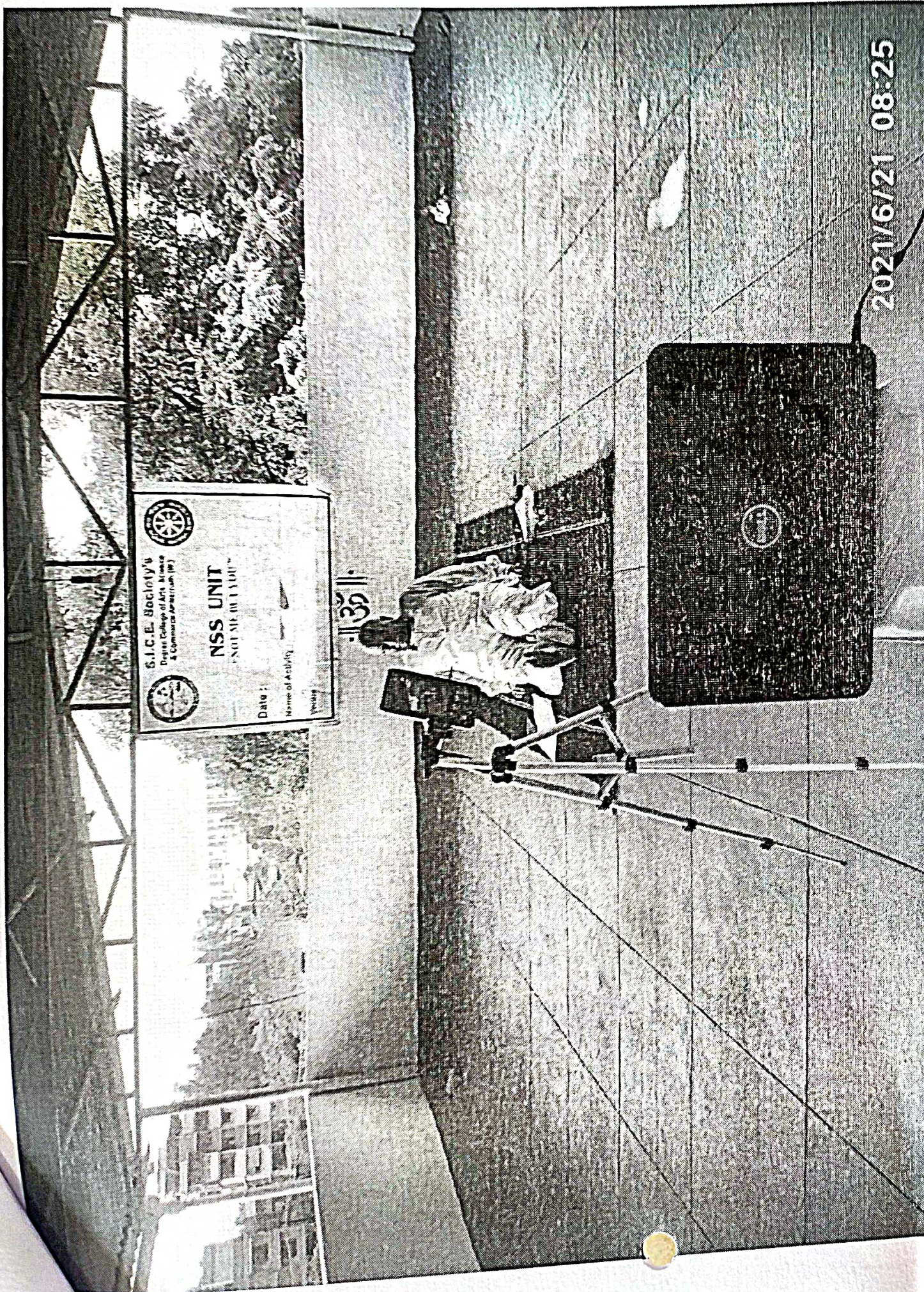
Name of Activity _____

Venue _____

॥ ॐ ॥



2021/6/21 08:33



S.I.C.E. Society's
Degree College of Arts, Science
& Commerce, Aherkar (P)

NSS UNIT
ENCOURGE YOURSELF

Date: _____
Name of Activity: _____
Venue: _____

2021/6/21 08:25

2021/6/21 08:25



35

Name of Activity	
Date	
NSS UNIT "NOT ME, BUT YOU"	
S.C.E. Society's Degree College of Arts, Science & Commerce, Aheramb (M)	

