

# Degree College of Arts, Science & Commerce, Ambernath (W) Jambhul Phata, Chikhloli, Ambarnath (W)-421505

(Affiliated to University Of Mumbai)

# 4.1.2.infrastructure for extracurricular Sports , Cultural and yoga

Sr.no	Specification	Page No
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	equipments)	
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	underlined)	



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**Sports and Gymkhana** 



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**Gymnasium and Sports Accessories** 









Kabaddi competition in ground



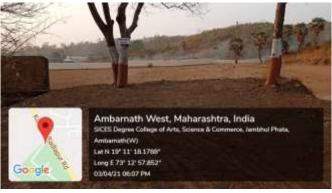


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## Yoga session (Indoor & Out door)







**Yoga Centre** 



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### List of Yoga programmes organised in College

Sr.	Date	Program	Beneficiary			
No.						
1	21 June 2015	International Yoga Day	23			
2	1 to 7 Apr 2016	Yoga Shibir	9 per day (Average)			
3	21 June 2016	International Yoga Day	34			
4	21 June 2016	Yoga lesson to ZP School students At Sawrewadi village	10			
5	24 June 2017	Yoga lesson to ZP School students At Sawrewadi village	23			
6	23 to 29 Dec 2017	YOGA practice during NSS camp	18 per day (Average)			
7	21 June 2018	International Yoga Day	26			
	Stress Management Week					
	16 Aug 2018	F. Y. B. Com.	70			
	18 Aug 2018	S. Y. B. Com.	33			
	20 Aug 2018	T. Y. B. Com.	29			
8	21 Aug 2018	F. Y. / S. Y. / T. Y. B. Sc.	93			
	23 Aug 2018	23 Aug 2018 FYBMS / FYBAF / FYBBI				
	28 Aug 2018	28 Aug 2018 B. Sc. / C. S. / I. T.				
	29 Aug 2018	29 Aug 2018 TYBMS / TYBAF / TYBBI				
	30/08/2018	SYBMS / SYBAF/ SYBBI	45			
9	12 Jan 2019	National Youth Day (Birth anniversary of Swami Vivekananda)	146			
10	21 June 2019	International Yoga Day	53			



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### **International Participation of Sports**







Girls sports star: Madhuri (Runner) (Above) & Geetanjali (Cyclist & Yoga Expert)



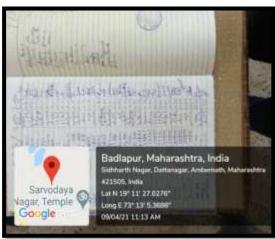




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### **Gymkhana Students entry Muster**







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## **Winner -Intercollegiate Competition**



















**Marvellous cultural Activiies** 



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# NAME OF DEPARTMENT: SPORTS DEPARTMENT SPORTS EQUIPMENTS.

SR.NO	NAME OF THE ITEMS	QUANTITY
1	Carrom Board	08
2	Carrom stand	08
3	Carrom Coints Set	08
4	Carrom Stricker	08
5	Foot Ball	01
6	Chess Board	04
7	Chess Coins Sets	04
8	Badminton Racket	17
9	Shuttle Cock	2box
10	Volley Ball	01
11	Volley Ball Net	01
12	Badminton Net	01
13	Volley Ball Pole Pair	01
14	Badminton Pole Pair	01
15	Carrom Cover	08
16	Shot Put	02
17	Discuss	02
18	Jawveline	02
19	Carrom Powder Box	01
20	Foot Pump	01
21	Measuring Tape	01
22	Foot Ball Gloves	02
23	Cricket Bat	04
24	Cricket Ball	05
25	Cricket Batting pad	03
26	Cricket Batting Gloves	03
27	Cricket Wicketkeeper Pad	02
28	Cricket Wicketkeeper Gloves	02
30	Cricket Stump	04
31	Bells	10
32	Chest Guard	01
33	Thigh Pad	01



34	Elbow Guard	01
35	Abdomen Guard	09
36	Cricket Wicketkeeper Inner Gloves	05
37	Helmet	04
38	Football Shoes	17
39	T-Shirt - Football	16
40	Shorts - Football	16
41	T-Shirt – Cricket	12
42	Pant – Cricket	14
43	Cricket kit Bag	02
44	Stocking Full	14
45	First Aid Box	01
46	Volley Ball T-Shirt, Shorts	07
47	T.T Table	01
48	Cricket Net	01
49	T.T.Cover	01
50	Manual Weigh Machine	01
51	Ground Cone	70
52	T.T Bat	02
53	T.T Ball	02
54	Foot Ball Neiva	6 pcs
55	Shin guard ankle	11
56	Knee Cap &Ankle	6
57	T.T. Ball Orange	1 dozen
58	Skipping Rope	6 pc
59	Movable court (Football, Volley ball, badminton,)	01 each



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### **GYMKHANA EQUIPMENTS.**

### 1. Dumbbells (Chrome)

WEIGHT	QUANTITY	TOTAL WEIGHT
5 Kg	2 piece	10 Kg
7.5 Kg	2 piece	15 Kg
10 Kg	2 piece	20 Kg

### 2. Plate (Chrome)

WEIGHT	QUANTITY	TOTAL WEIGHT
2.5 Kg	2 piece	5 Kg
5 Kg	2 piece	10 Kg
7.5 Kg	2 piece	15 Kg
10 Kg	2 piece	20 Kg

### 3. Rod (Chrome)

WEIGHT	QUANTITY
1.5 Ft	1 piece
3 Ft	1 piece
5 Ft	1 piece
6 Ft	1 piece

### 4. Mirror 6' x 3' - 2 piece

(6 mm with frame)

### 5. Bench Press – 1 piece

(Multi purpose)

### 6. 6 Station Multi Gym.

- i. Lat pull down 75 kg
- ii. Peck deck 75 kg
- iii. Chest press 75 kg
- iv. Leg Ext + Leg curl
- v. Double Bar + Dipping 1 piece
- vi. Twister 1 piece

#### 7. Cable Cross over

60+60 - Fully Adjustable - 1 piece

- 8. 45 Leg press + Hack Squat
- 9. Chrome Dumbbells 100 kg
- 10. Chrome Plate 100 Kg
- 11. Dumbbells + Plates Stand 1 piece



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## 12. Rods – 4 piece

## **GYMKHANA FURNITURE.**

SR.NO	NAME OF THE ITEMS	QUANTITY
1	Cupboard	02
2	Table	04
3	Steel Chair	10
4	Fan	04
5	Tube Light	03
6	Steel rack	01
7	Shoe Rack	01
8	Lamp Shade	04
9	Bulb	03
10	Plastic Stool	18
11	Curtain	02
12	Blackboard	01
13	Mat (Cotton)	02
14	Partition Board	03
15	Plastic Chair	02



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## **Audit report Celebration Expenses underlined**

2016-2017

	AMOUNT	AMOUNT	0.0000000000000000000000000000000000000	AMOUNT	AMOUNT
	Rt. Pt.	Rs. Ps.		Rt. Pt	Rs Ps
SCHEDULE - I (SALARY EXPENDITURE) TEACHING STAPF BASIC I ADMINISTRATIVE STAFF		40,79,814.00	SCHEDULE - # ( DEPTRICIATION)  1) FURNITURE & FIXTURES 2) COMPUTER & EQUIPMENTS 3) GYMMONNA EQUIPMENTS 4) LIBRARY BOOKS	84,200,00 21,988,00 48,943,00 42,541,00	1,77,862.00
CLASS IV EMPLOYEES  CLASS IV EMPLOYEES  CLASS IV EMPLOYEES	73,856.40 1,05,223.90	73,856.40	SCHEDULE - BI MISCELLANEOUS EXPEN) INTERNET CHARGES LOGAL CONVEYANCE SUNCRY EXPENSES MUNICIPAL TAX PAID Examination Expenses OFFICE EXPENSES	29,560,00 1,00,772,00 11,931,00 10,991,00 1,54,754,00 16,163,00	
OTEHR ALLOWANCE ADMINISTRATUS STAFF CLASS IV EMPLOYEES	4,000.00	4,000.00	COLLEGE ADVERTISEMENT REFRESHMENT EXPENSES CURRENT REPAIRS EXPENSES PHACTICAL EXPINSES CLEANING EXPENSES THE EPHONE CHARGES	5.380.00 67.333.00 26.365.00 2.967.00 7.249.00 18.270.00	
HOUSE BENT ALLOWANCE  ADMINISTRATIVE STAFF  CLASS IV EMPLOYEES  TOTAL SALARY	21,786,70	71,795.70	ELECTRICITY CHARGES WATER CHARGES SCENCE EXHIBITION EXPENSES PRINTING & STATIONERY POSTAGE CONVOCATION EXPENSES	3.00.083.00 49.890.00 5.300.00 4.97.729.00 E17.00	
ISOLON JERSONI.			PORTS EXPENSES  NEWS PAPER EXPENSES  MOSERATION EXPENSES  MISIS NIA A CIEXPENSES  CELEBRATION EXPENSES  AUDIT FEES  HOXORARBUM EXPENSES  COMPUTER REPARING & STATIONERY  SEMINAR & WORKSHOP EXPENSES  E. (MANAGEMENT SHARE)	10,594,00 21,346,00 6,376,00 75,202,00 25,926,00 71,390,00 74,700,00 10,174,00 11,48,97,00 90,300,00	17.38.390.00



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2017-18

#### S.I.C.E.S. DEGREE COLLEGE OF ARTS, COMMERCE AND SCIENCE, JAMBHUL PHATA, CHIKLOLI, AMBERNATH-WEST 421506 [MANAGED BY SOUTH INDIAN CHILDRENS EDUCATION SOCIETY, AMBARNATH] S.C.H.E.D.U.L.E.S.

	AMOUNT Rs. Ps.	AMOUNT		AMOUNT	AMOUNT
SCHEDULE - I (SALARY EXPENDITURE)	78. 75	Rs. Ps.	COUCNIE E EL PONTO LITTOLI	Rs. Ps.	Rs. Pt.
TEACHING STAFF BASIC  1. ADMINISTRATIVE STAFF 2. CLASS IV EMPLOYEES	925.80 76.634.80	36,28,013.00 77,550.60	SCHEDULE - II ( DEPRECIATION)  1) FURNITURE & FIXTURES 2) COMPUTER & EQUIPMENTS 3) GYMOJANA EQUIPMENTS 4) LIBRARY BOCKS	57,781.00 16,476.00 44,049.00 45.937.00	1,64,243.1
DEATHESS PAY  ADMINISTRATIVE STAFF  CLASS IV EMPLOYEES	186.60 1,61.386.40	1,62,373.00	SCHEDULE - III / MISCELLANEOUS EXPEN.) INTERNET CHARGES LOCAL, CONVEYANCE SUNDRY EXPENSES EVALUATION CHARGES EXAMINISON EXPENSES	37,280.00 38,570.00 8,547.00 17,435.00	
OTEHR ALLOWANCE 1. ADMINISTRATIVE STAFF 2. CLASS IV EMPLOYEES		9	OFFICE EXPENSES COLLEGE ADVERTISEMENT REFRESHMENT EXPENSES CURRENT REPAIRS EXPENSES PRACTICAL EXPENSES	11,714,00 5,000,00 21,716,00 56,503,00 6,000,00	
IOUSE RENT ALLOWANCE  ADMINISTRATIVE STAFF CLASS IV EMPLOYEES	819.60 1,02,017.60	1,02,837.40	CLEANING EXPENSES TELEPHONE CHARGES ELEGTRICITY CHARGES WATER CHARGES PROFESSIONAL FEES	19,774,00 25,228,00 89,200,00 52,864,00 4,600,00	
TOTAL SALARY		39,70,774.00	PRINTING & STATIONERY POSTAGE CONVOCATION EXPENSES	3.81,414.00 759.00 600.00	
			SPORTS EXPENSES NEWS PAPER EXPENSES MODERATION EXPENSES N.S.S. N.A.A.C. EXPENSES CELEBRATION EXPENSES AUDIT FEES HONORARIUM EXPENSES COMPUTER REPAIRING & STATIONERY SEMINAR & WORKSHOP EXPENSES P.F. (MANAGEMENT SHARE) REGISTRATION FEES	12,992.00 9,938.00 7,384.00 53,563.00 10,831.00 14,160.00 58,000.00 8,150.00 11,511.00	



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#### 2018-19

